



TWIN WATERS RESORT  
SUNSHINE COAST

## ACTIVITY CENTRAL TERM 3 HOLIDAY SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Activities Central 09:00am-5:00pm	Activities Central 09:00am-5:00pm	Activities Central 09:00am-5:00pm	Activities Central 09:00am-5:00pm	Activities Central 09:00am-5:00pm	Activities Central 9:00am-5:00pm	Activities Central 9:00am-5:00pm
9:00		Yoga		Activities Open			
10:00	Sand Castle Comp	Frisbee	3 In A Row	Kayak Adventure	Limbo	Sand Castle Comp	Hula Hoop
11:00	Kayak Adventure	SUP Relay	Limbo	Touch Footy	Hula Hoop	Limbo	Dizzy Relay
1:00	Soccer	Golf Chipping	Cricket	Red Rover	Cricket	Touch Footy	Beach Flags
2:00	Fish Feeding at the jetty	Fish Feeding at the jetty	Fish Feeding at the jetty	Fish Feeding at the jetty	Fish Feeding at the jetty	Fish Feeding at the jetty	Fish Feeding at the jetty
3:00	Touch Footy	Cricket	Soccer	Beach Flags	Touch Footy	Cricket	Soccer
4:00	Tug-O-War	Beach Flags	Musical Towels	Dancing Comp	Tug-O-War	Musical Towels	Red Rover
4:30	Please be advised sailing will finish 30mins prior to activities closing						
5:00	Activities Closed						

<p><b>Activities central:</b></p> <p>Sailing - Free Kayaking - Free Water Trampoline - Free Daily Activities - Free Stand Up Paddle Boards - Extra Cost Bike hire - Extra Cost</p>	<p><b>The Base Gym:</b>  <b>Open;</b> Daily from 8.00am till Dark  <b>Yoga;</b> Tuesday 19th &amp; Tuesday 26th, 9am-10am  <b>Cost;</b> \$25 casual visit and self train session for gym. \$15 per person for yoga  <b>Phone;</b> 0490 074 242  <b>** Personal Training available on request **</b></p> <p><b>Junior Warrior Program</b>  <b>Includes;</b> Obstacle challenge • fitness workout • Raft building • Archery • Water park • Team building games  • Navigation • Mind challenges  <b>Age;</b> 12 - 16 years  <b>September Dates;</b> 18th • 20th • 22nd • 25th • 27th • 29th  <b>Time;</b> 9am - 3pm  <b>Cost;</b> \$80 per person</p>	<p><b>New Springfree Trampolines:</b></p> <p><b>Location;</b> Activities Beach  <b>Cost;</b> Free  <b>Opening hours;</b> As per activities central</p>	<p><b>Xperiences:</b></p> <p><b>Segway Tours Daily;</b> 10:00am &amp; 2:00pm  <b>Cost;</b> \$65 per person  <b>Archery;</b> 12:00pm  <b>Cost;</b> Group of under 4 people \$25 per person, Group of 5 or more \$20 per person  <b>Night Vision Tours Daily;</b> 6:30pm  <b>Cost;</b> \$55 per person  <b>**NEW PAINTBALL RANGE**</b>  <b>Opens;</b> Daily from 9am  <b>Cost;</b> \$25 for 100 rounds  <b>Bookings</b>  Please Phone 9522 (from your room) or 0478 202 500</p>
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